**Central (Middle) America**

Countries / Territories

Panama Guatemala Belize Cuba Costa Rica

El Salvador Mexico Nicaragua Honduras Bahamas

Haiti Dominican Republic Barbados Grenada

Trinidad and Tobago Jamaica Bermuda \*Puerto Rico

Cities/Capitals

Havana Nassau Mexico City Guatemala City San Salvador

Panama City San Jose Belmopan Port-au-Prince Managua

Tegucigalpa Santo Domingo Kingston

Physical Features

Yucatan Peninsula Sierra Madre Occidental Sierra Madre Oriental

Baja California Greater Antilles Lesser Antilles Hispaniola

Isthmus of Panama

Bodies of Water

Atlantic Ocean Pacific Ocean Gulf of Mexico Rio Grande

Gulf of California Caribbean Sea Lake Nicaragua Panama Canal